

CURRICULUM VITAE

Mr. Nicholas Charles Carrington
B Med Sci, BM BS, FRCS Ed, FRCS (Tr and Orth)
Consultant Orthopaedic Surgeon

DATE OF BIRTH: 06/08/1971

MEDICAL SECRETARY

Mrs Helen Stilborn
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CONSULTANT APPOINTMENT: York Hospitals NHS Trust, May 2006

GMC No. 4095882

INDEMNITY: PMP, No. 164193

SPECIALIST REGISTRATION: Orthopaedics and Trauma, 08/12/2005

QUALIFICATIONS:

1992 Bachelor of Medical Science (Biochemistry) 2 (I)
University of Nottingham Medical School

1994 Bachelor of Medicine, Bachelor of Surgery 2 (I)
University of Nottingham Medical School

1998 Fellow of the Royal College of Surgeons, Edinburgh

2003 Intercollegiate Examination in Trauma and Orthopaedics,
Dublin

PREVIOUS EMPLOYMENT:

- 1996 to 1999 Basic Surgical Training in Hull, Leeds and Harrogate
- 1999 to 2005 National Training Number in Trauma and Orthopaedics, Yorkshire.

FELLOWSHIP TRAINING:

- 2005 to 2006 Lower Limb Arthroplasty Fellowship, Princess Elizabeth Orthopaedic Centre, Exeter.

This was an intensive fellowship in a world renowned hip arthroplasty unit, giving extensive training in primary and revision hip and knee arthroplasty. This included innovative techniques for managing infected hip replacements and piloting the use of navigation (computer assisted orthopaedic surgery).

PRESENT APPOINTMENT:

Consultant Orthopaedic Surgeon, York Hospitals NHS Trust.
Secondment to Ramsay Clifton Park NHS Treatment Centre.

WORK PERFORMED:

- Treatment of the arthritic knee and hip, and revision of failed hip replacements.
- Arthroscopic (key-hole) surgery to the knee.
- Primary total and partial knee replacement, primary hip replacement and revision hip replacement.
- Use of well established techniques and implants, with a track record of excellent function and longevity.
- Incorporating modern bearing surfaces to enhance likelihood of long-term success.

- Revision hip surgery, with emphasis on restoration of lost bone and other techniques to reduce the magnitude and risk of the surgery, such as blood salvage.
- There is a relatively heavy trauma workload, and I also manage non-union cases. I am fully trained in ATLS provision.

PRIVATE PRACTICE:

I have a rapidly expanding medicolegal practice, providing reports for personal injury insurance purposes.

I offer private practice at Nuffield Health Hospital, York, and Ramsay Clifton Park Treatment Centre.

MANAGEMENT:

- Clinical lead for Trauma, York, 2006 to 2011
- Orthopaedic representative on Acute Board, York, 2011 to present
- Orthopaedic representative on VTE committee, York, 2009 to present
- Orthopaedic representative on Job Plan Scrutiny committee, York, 2012 to present
- Orthopaedic representative on Fracture Neck of Femur Operational Group, York, 2007 to present

TEACHING AND TRAINING:

- Lecturer for Hull York Medical School.
- Educational Supervisor for CT and ST junior doctors.
- Mock Examiner for MRCS course.
- Trainer for rotating Specialist Registrars – nominated in the top 5 trainers in Yorkshire 2012.

- Trainer for Specialist Fellow – we set up this post for a senior peri-consultant trainee in 2008.
- I have given seminars to GPs, nurses, radiographers and physiotherapists.
- I sit on the faculty of at least two meetings per year, delivering lectures to senior orthopaedic trainees.
- I co-convened a meeting for senior Orthopaedic trainees and junior consultants in York in 2011.

RESEARCH:

- I have presented at regional and National meetings.
- I have published articles in peer-reviewed Orthopaedic journals.
- I have jointly set up a long-term trial in York looking at the regeneration of bone around a specific revision hip femoral component.
- I have provided peer review for research projects sponsored by the NICR.

CONTINUING PROFESSIONAL DEVELOPMENT:

- I subscribe to the British Journal of Bone and Joint Surgery.
- I sit on the faculty of at least two Orthopaedic meetings per year.
- I attend a National or International meeting on Hip and Knee replacement every year.
- I attend a regional meeting on Hip and Knee replacement six times a year.
- We hold a weekly Arthroplasty meeting at York to plan and review cases.